## OAK FOREST NEWS

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#### **Ron's Remnants:**

### **Balance**

There is a lot of falling mentioned in the Bible. Right from the get go in the Old Testament we find the fall of Adam and Eve when they get the munchies for the forbidden fruit. The end result was that all men got stuck with difficult work and women got stuck with dominating husbands, painful childbirth, and long lines at public restrooms. The New Testament contains continued emphasis on falling. Paul stresses the need to be sensitive to the beliefs of young Christians so they don't stumble and fall. Even if a certain behavior is not inherently wrong, Paul says we should avoid it, if it might cause our weaker brothers or sisters to stumble.

In the physical sense, balance is maintained by a bunch of bony loops in the inner ear. When these loops get out of kilter, the world seems to spin and we lose our stability. If this occurs, falling becomes routine.

There are many reasons why our spiritual lives get out of kilter and cause us to tumble into sin. Maintaining spiritual balance is anything but easy. Falling is easy but getting back up is hard. In the first "Rocky" movie, Rocky's desire was to go 15 rounds with the champ. He still wanted to be standing when the bell sounded to end the 15th and final round. The key for Rocky is the same for us. It doesn't matter how many times you get knocked down or fall, but how many times you get back up.

I want to share with you one verse that helps me keep my "spiritual balance." 1 John 1:19 reads, "But if we confess our sins to God, he will keep his promise and do what is right; he will forgive our sins and purify us from all wrongdoing."

In Christ We Are One.

Pastor Ron



Time of My Life Women's Conference
Saturday, February 28, 2015
At Meadow Grove Baptist Church
(Interdenominational)

God has given us this beautiful, yet mysterious gift of time. It is our prayer that you will join us in asking Him to "teach us to number our days, that we may gain a heart of wisdom." (Psalms 90:12) and seek His will for how we invest those priceless moments.

The day will begin with registration starting at 8:30, which will be followed by a day filled with speakers, the opportunity to attend break-out sessions, lunch, music and worship, giveaways, and more! A registration fee\* of \$25 (due by February 20) will cover your lunch, conference T-shirt, and other materials.

Register online at shedreamsministries.org or see Kelly Crawford for registration forms.

### Staff Pastor Parish Relations Committee Meeting

Sunday, February 15, 2015 at 5:00 p.m.

Outreach Committee Meeting February 17th at 6:30 p.m.

Meeting will be held at Oak Forest



### **UMW Meeting**

February 18<sup>th</sup> at 1:30 p.m. at Oak Forest for the Day of Prayer & Self Denial with Hayesville 1<sup>st</sup> UMC.



Clay County United Methodists gather together for the Annual Ash Wednesday Worship Service

at Oak Forest UMC - 7:00 p.m. February 18, 2015 Rev. Kirk Hatherly will be preaching. Administrative Council Planning & Goal Setting meeting for 2015 with Covered Dish Dinner. Sunday,

February 22nd at 5:30 p.m.

Dinner followed by the meeting.

All are welcome!



### Remember it's not

too late if you want to make a gift donation in memory of: Dot Moore, Joyce Galloway, or Frances McCorkle to our church, Oak Forest UMC.

# COMING SOON! SPUD SUNDAY March 15th following the Worship Service.



What salad or dessert will you bring?

### Oak Forest Youth Group Update

by Andrew & Nikki Baten

Many thanks to everyone who came to Family Worship Night! This will definitely happen again, so look out for it to become more regular. The youth group meets every Sunday from 4-6. Recently we created Valentine's Day cards for Heart Strong patients at Children's Healthcare of Atlanta.



Girl Scout Cookies Now Available! Our church has two different Troop Leaders Kathy Tant & Lorrie Ross so you can purchase cookies from each troop to bring home or to donate to the following: U.S. Military Troops, Clay County Food Pantry, or Matt's Ministry. For purchase of cookies from Brianna Ross call 389-8455 or see Lorrie. For purchase of cookies from Kaitlynn Tant see Kaitlynn or call Kathy at 828-557-8165. Kaitlynn's troop will be at the Parts City car parts store on 2/21/15. Kaitlynn has a goal this year to sell 1,000 boxes of cookies.